

Building Brave Hearts



Standing Strong with God





Parent Guide

Encouraging Your Child to Build a Brave Heart

Dear Parents,

Your child is part of something special this week—**Unshakable: Standing Strong with God!** The *Building Brave Hearts* workbook is meant to help them learn from godly men in the Bible and begin building their own “brave heart” through faith, obedience, and courage. You are their greatest teacher at home, and this guide will help you walk alongside them.



Talk Together

Children in this age group love to share and ask questions. Each day, ask:

- “What did you learn about the Bible hero today?”
- “How do you think they felt when they had to be brave?”
- “What can you do to show courage or kindness like them?”

Let them share freely—even if it’s off-topic at first!



Pray Together

Encourage your child to talk to God in their own words. Invite them to thank God or ask for help being brave. A simple prayer might be:

“God, help me to be strong like Nehemiah and kind like Josiah. Thank You for being with me every day. Amen.”

Let them lead part of the prayer if they feel ready.



Reinforce with Action

Children learn best when they can **do** something with what they’ve learned. Try these at-home connections:

- **Joshua & Caleb** – Face a new task together and talk about trusting God.
 - **Fiery Furnace** – Talk about making good choices, even when others don’t.
 - **King Josiah** – Let your child help you read a verse or short Bible story aloud.
 - **Nehemiah** – Work together to clean up or help around the house as “God’s helper.”
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Encourage Thoughtful Questions

At this age, children begin to ask real spiritual questions like “Is God really always with me?” or “What if I’m scared?” Don’t feel like you need perfect answers—respond with love and honesty. Try:

“That’s a really great question. Let’s think about it together.”

Celebrate Small Wins

Notice and affirm when your child shows courage, kindness, or obedience during the week. You might say:

- “You were brave when you spoke up just like Shadrach!”
- “You helped your brother clean—that’s like Nehemiah building the wall!”

Small affirmations build lifelong habits.

10 Parenting Tips to Help Your Child Stand Strong with God

Your child is entering an exciting stage of growth. They are beginning to understand the “why” behind choices and the power of courage, faith, and kindness. During this week at **Unshakable: Standing Strong with God**, they’ll learn from Bible heroes who trusted God no matter what. Here’s how you can reinforce those truths at home.

1. Invite Their Questions

Children this age begin asking deeper questions:

- “Why did God let that happen?”
- “How do we know God is real?”

Respond with patience, not pressure. You don’t need perfect answers—just open conversations. Try saying:

“That’s a good question. Let’s learn together.”

2. Have Meaningful Talks

Use open-ended questions to spark thinking:

- “What does it mean to be strong with God?”
- “Was it hard for Nehemiah to keep going?”

Let them process out loud, even if their answers seem silly. That’s how faith grows.

3. Make the Bible Real

Read short Bible stories with dramatic expression or voices. Ask:

- “What would you do in that situation?”
- “What do you think God wants us to learn from this?”

4. Reinforce with Action

Help them apply lessons from VBS at home:

- Build a block wall together and talk about Nehemiah’s determination.
- Pretend to be King Josiah reading the Bible scroll and “cleaning” the house for God.
- Use stuffed animals to act out the fiery furnace story.

5. Encourage Brave Choices

Catch them doing right and say:

“You were brave like Shadrach when you did the right thing—even when it was hard!”

Celebrate obedience, kindness, and courage with words and simple rewards (stickers, high-fives, a special job).

6. Let Them Pray Out Loud

Encourage them to pray their own words. You can start with:

“God, thank You for today. Help me be strong and kind.”

Let them take turns leading prayer at meals or bedtime.

7. Stay Consistent

This age group needs structure. Repeating truths like “God is always with us” or “We can choose what’s right” builds security and faith.

8. Encourage Progress, Not Perfection

Remind your child that mistakes don’t stop God’s love. Use phrases like:

- “We all mess up sometimes. Let’s try again.”
- “God gives us strength to keep going.”

9. Let Them Lead

Let your child retell the day’s Bible story to you or a sibling. Ask if they want to pray or read a verse. Leadership helps them own their faith.

10. Make Your Home a Place of Faith

Faith doesn’t just belong at church or VBS. Make space in your daily rhythm for God moments:

- Sing VBS songs in the car.
- Pray before school.
- Display verses or pictures from the workbook on the fridge.

Final Encouragement for Parents

As your child grows in faith, remember that your love, presence, and example matter more than perfection. You are planting seeds that will take root for years to come. Keep showing up, keep speaking truth, and trust that God is working in your child’s heart—one brave step at a time.

Moses sends twelve spies to the Promised Land.

Numbers 13:1—14:35



"Whatever your hand finds to do, do it
with all your might." Ecclesiastes 9:10 (NIV)



**God protects
Daniel's friends
in a furnace.**

Daniel 3:1-30



KING JOSIAH





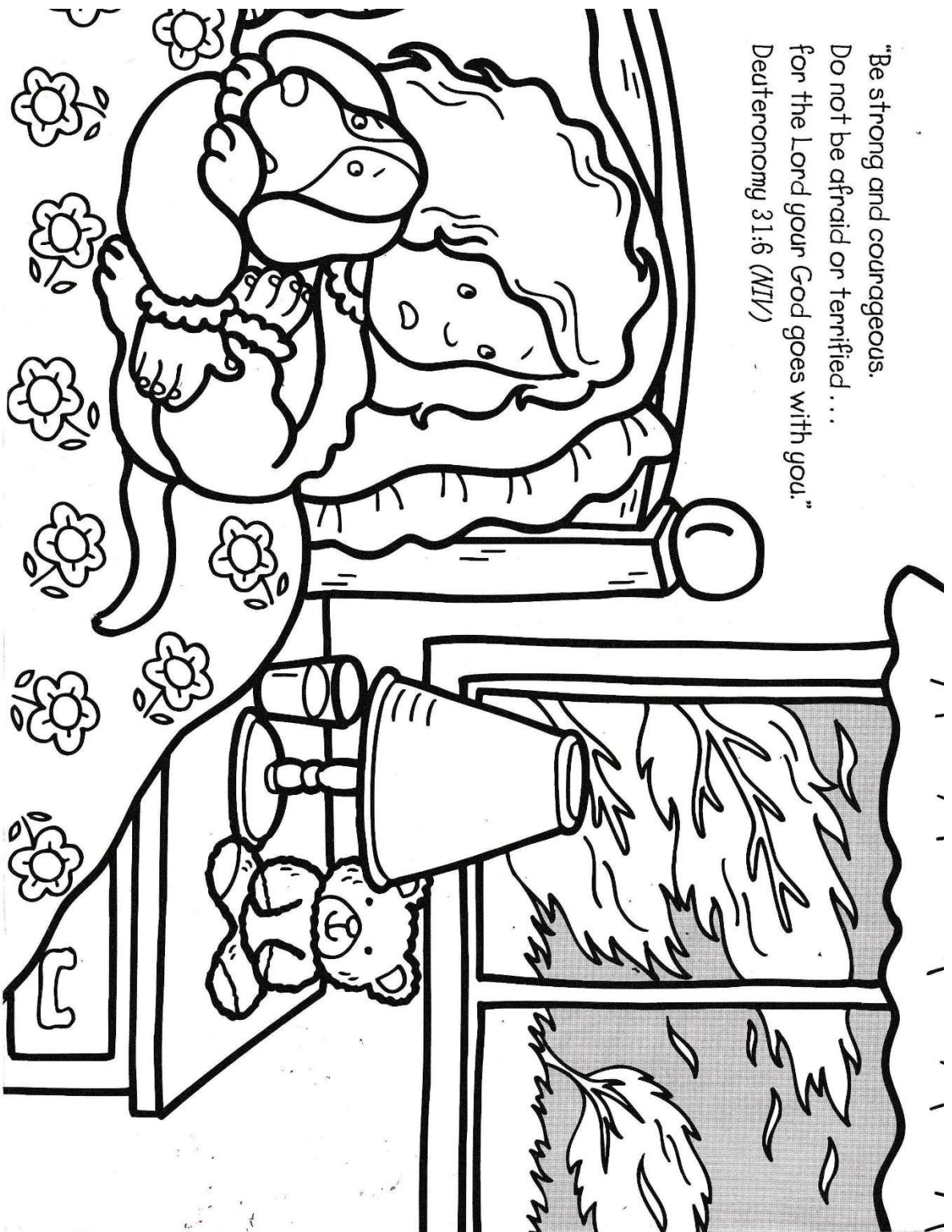
"Be on your guard; stand firm in the faith; be men of courage; be strong."
1 Corinthians 16:13 (NIV)

Nehemiah rebuilds the walls.

Nehemiah 2:11—4:23



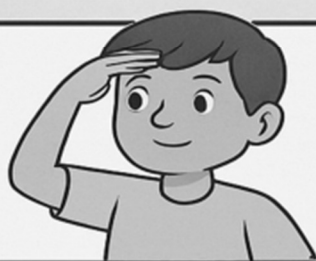
"Be strong and courageous.
Do not be afraid or terrified ...
for the Lord your God goes with you."
Deuteronomy 31:6 (NIV)



**Be on your guard;
stand firm in the faith;
be courageous;
be strong.**

1 Corinthians 16:13 (NIV)

**Be on your
guard**



**Stand firm
in the faith**

**Be
courageous**



Be strong

THE ABC's

OF BECOMING A CHRISTIAN

A

ADMIT

you are a sinner and
ask God to forgive
you.

B

BELIEVE

that Jesus is
God's Son.



C

CONFESS

your faith in
Jesus as Savior
and Lord.

